

Entry Form

Event: 2 km ____ 5 km ____ 10 km ____

Name _____

Address _____

City _____

Postal Code _____ Phone _____

Birth Date _____ Age on race day _____

Gender _____

T-Shirt Yes _____ No _____

Adult

Small ____ Medium ____ Large ____ XL ____

Amount Enclosed \$ _____

Cash or cheque payable to Soo Finnish Nordic Ski Club.

Release

I attest and verify that I have full knowledge of the risks involved in this event and in consideration of you accepting this entry, I intending myself, my heirs, and executors, waive and release forever any and all rights and claims, or damages I may accrue against the Soo Finnish Nordic Ski Club, Inc., the Kinsmen Club and any and all sponsors for any and all injuries suffered by me traveling to and from, and participating in this event.

Date _____

Athletes Signature _____

(Parent or Guardian if under 18)

Race Kit Pick-Up & Late Registration

Saturday, September 26, 2015

Race kit pick-up & registration will be available from 1 pm until 4 pm in front of The Shoe Fits in Station Mall on Saturday, September 26.

Sunday, September 27, 2015

Race kit pick-up & late registration will take place adjacent to the Kinsmen Centre on Landslide Road on race day at the Soo Finnish Nordic Ski Club's clubhouse (blue building).

Registration Desk opens at 11:00 am.

Please pick-up your Race Number at least 30 minutes before the start of your race.

Late registration will be accepted up to 45 minutes prior to the start of each event.

Start Times

2 km 1:00 pm
5 km 1:45 pm
10 km 1:45 pm

For more information contact us at:
trailtrot@gmail.com or visit us at
www.soofinnishnordic.com



2 km, 5 km & 10 km

Hiawatha Highlands

Kinsmen Park

Landslide Road

Sunday, September 27, 2015

The Trails

- The 2 km trail is mainly flat with one small hill. The start and finish line will be on the ball field at Kinsmen Park.
- The 5 km and 10 km events take place on the Pinder and Sugar Bush trails. The 5 km race will be one lap around the trail and the 10 km race will be two laps around the trail. The trail is mainly flat, with two gradual hills.
- Visit soofinnishnordic.com for trail maps and directions to the trails.
- There will be one water station mid-way through the 5/10 km trail.
- Post race refreshments will be available near the finish line.

Awards

1st overall Male & Female 2 km, 5 km, 10 km
1st, 2nd, 3rd Male & Female in each age group.

Age Groups

2 km: 4 & under, 5-8, 9-11, 12-14, Open (all other ages)
5 km & 10 km: 14 & under, 15-19, 20-29, 30-39, 40-49, 50-59, 60+



Registration

Register on-line at soofinnishnordic.com or submit entries by 4 pm September 26 to:

The Shoe Fits, Station Mall
293 Bay Street
Sault Ste. Marie
Ontario
P6A 1X3

Register by September 18 to ensure that you receive a T-Shirt. Entries after September 18 will receive a T-Shirt based on availability.

2 km Event

* T-Shirt not included in the entry fee for the 2 km event. Add \$12.00 for a T-Shirt.

Entry Fees

	On or before September 18	September 19-27
2 km	\$6.00*	\$11.00*
5 & 10 km	\$25.00	\$30.00

Online registration closes **Saturday, September 26 at 4 pm.**

After September 26, registration will take place at the Soo Finnish Nordic Ski Club's clubhouse (blue building) on Landslide Road on race day, Sunday, September 27. Late registration will be accepted up to 45 minutes prior to the start of each event.

Please support our sponsors and supporters - **The Shoe Fits, Algoma Bicycle Company, RoadID**



ALGOMA BICYCLE CO. EST 2008



**Soo Finnish Nordic
Ski Club**

