



## EVENT NOTICE

# Hiawatha Snowfest

*Celebrating the 61st Anniversary of the  
Hiawatha Invitational*

*At*

*Hiawatha Highlands*

*Jan 28-29, 2017*



*Hosted by the Soo Finnish Nordic Ski Club and the Sault Cycling Club*

The Soo Finnish Nordic Ski Club is celebrating 61 years of Nordic ski racing in Sault Ste. Marie in the Hiawatha Highlands area by hosting *HIAWATHA SNOWFEST*, Jan. 28/29, 2017.

The objectives of this event are:

- To provide a variety of race formats both competitive and fun for all ages and abilities
- To encourage participation in cross-country skiing, snowshoeing, and fat biking.
- To celebrate winter and abundant snow in Sault Ste. Marie!

<b><i>Event Organizing Committee</i></b>	
<b><i>Event Planning Coordinator</i></b>	<i>Amy Wheeler Reich</i>
<b><i>Officials and Volunteers</i></b>	<i>Laurie Carlyle</i>
<b><i>Registration</i></b>	<i>David Baldwin/Cassandra Nielsen</i>
<b><i>BBQ</i></b>	<i>Cassandra Nielsen/Matt Towle</i>
<b><i>Time Trial</i></b>	<i>Cassandra Nielsen/Dave Baldwin</i>
<b><i>Orienteering Event</i></b>	<i>Lawrence Foster</i>
<b><i>Fat Bike Race</i></b>	<i>Lawrence Foster</i>
<b><i>Loppet</i></b>	<i>Dee Patterson/Art Anderson</i>

**LOCATION:** All events will be held at Hiawatha Highlands. [MAP: Hiawatha Highlands](#)

**CONTACT:** by email: [contactus@soofinnishnordic.com](mailto:contactus@soofinnishnordic.com)

**WEBSITE:** [www.soofinnishnordic.com](http://www.soofinnishnordic.com)



## SCHEDULE OF EVENTS

### ***Saturday 28 January 2017***

10:30am	Classic Interval Start Ski Races - for all age levels and abilities followed by Hot Dog BBQ for participants
12:30 (approx)	Snowshoe Event
1:15 (approx)	Fat Bike Event
10:30 - 2:00	Duathlon or Triathlon options available for Ski/Snowshoe/Fat bike
12:00 - 4:00	Beer Tent and Sausage BBQ
12:00 - 4:00	Orienteering event

### ***Sunday 29 January 2017***

10:00 am	Ski, Snowshoe or Fat Bike Loppet - distances for all age levels and abilities Start/Finish at the Sugar Shack on Fifth Line Café Natūra Brunch at Sugar Shack on Fifth Line. For map and directions <a href="#">MAP: Sugar Shack</a>
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## EVENT DETAILS - Saturday January 28, 2017

### Interval Start Ski Races (10:30am Start)

Interval start ski races are ***Free for youth registered in Soo Finnish programs (Bunnyrabbits, Jackrabbits, Racing Rabbits, Track Attack, Race Team, Para Nordic, Special Olympics)***. Skiers in these programs DO NOT need to register online for this event. They should report to their groups at the usual 10:00 am start and location where coaches will distribute bibs. ***Entry fee for all other participants is \$5, same day registration will be \$10.*** Each skier will start 30 seconds apart. Bib pickup for all other participants will begin at 9:30am in the SFNSC Blue clubhouse. All participants will receive a cookie medal. Special Snowfest medals will be given to top 3 finishers in each category.



**Registration** will close at 6pm, Friday Jan 27, 2017. Hot dog BBQ and refreshments free for participants following the event. Events will be scheduled by category.

Interval Start Ski Races			
LTAD Category	Age Group	Distance	Technique
Para Nordic Male	Open	0.5	Sitting
Para Nordic Female	Open	0.5	Sitting
Para Nordic Male	Open	1.0	Standing
Para Nordic Female	Open	1.0	Standing
Special Olympic Male	Open	2.0km	Classic
Special Olympic Female	Open	2.0km	Classic
Special Olympic Male	Open	4.0km	Classic
Special Olympic Female	Open	4.0km	Classic
Bunnyrabbit (Boy)	4-5	0.25km	Classic
Bunnyrabbit (Girl)	4-5	0.25km	Classic
Atom (Boy)	6-8	0.5km	Classic
Atom (Girl)	6-8	0.5km	Classic
Pee-wee (Boy)	9-12	1.0km	Classic
Pee-wee (Girl)	9-11	1.0km	Classic
Midget (Boy)	13-14	2.0km	Classic
Midget (Girl)	12-13	2.0km	Classic
Juvenile (Boy)	15	5.0km	Classic
Juvenile (Girl)	14-15	5.0km	Classic
Junior Boy	16-17	7.5km	Classic
Junior Girl	16-17	7.5km	Classic
Open Male	18+	4km	Classic
Open Female	18+	4km	Classic
Open Male	18+	7.5km	Classic
Open Female	18+	7.5km	Classic
Open Male	18+	4km	Skate
Open Female	18+	4km	Skate
Open Male	18+	7.5km	Skate
Open Female	18+	7.5km	Skate



#### Orienteering Event (12:00-4:00)

A super fun **Free** ski, snowshoe or fat bike event for teams of 1-4 people will follow the interval start races. Participants will follow a map and locate as many items as possible.

#### Snowshoe Event (approx start 12:30 - following interval ski race)

A timed event in which competitors try to complete as many laps as possible in a 30 min time period. Bib pick up will be in SFN Blue Clubhouse after 11am.

#### Fat Bike Event (approx start 1:15 - following snowshoe event)

A timed event in which competitors try to complete as many laps of a technical course as possible in a 45 min time period. The event will include a mass start, Lemans style, and a specially designed course is being developed just for this event. Fat bikes only – rentals and/or demos will be available through local bike shops (Vélorution and Algoma Bicycle Company). Contact information for these vendors is included in this package. Bib pick up will be in SFN Blue Clubhouse after 11am.

#### Duathlon Event

A combination of any 2 of the 3 events:

ski/snowshoe  
snowshoe/fat bike  
ski/fat bike

Points will be tabulated from each event and winners will be decided in each of the following categories:

- Under 16
- Mens Open
- Womens Open
- Over 60

#### Winter Triathlon Event

A combination of all 3 events ski/snowshoe/fat bike

Points will be tabulated from each event and winners will be decided in each of the following categories:

- Under 16
- Mens Open
- Womens Open
- Over 60

#### Beer Tent and Sausage BBQ (12:00 – 4:00)

Tent and BBQ will be behind the SFNSC Blue clubhouse. Must be 19 years of age for beer tent.



## EVENT DETAILS - Sunday January 29, 2017

### Loppet and Café Natüra Brunch

A fun loppet will take place on the Pinder system with the start and finish at the Sugar Shack on Fifth line. The course will follow the trail that was designed last year for this event. Cookie and Hot Grape stops will be out on the trail. All participants will receive an award. A Brunch provided by Café Natüra is included for all participants and is also open to the public. Events include classic, skate, snowshoe and fat bike. Event begins at 10:00am with longest distance ski events going first, followed every 5 minutes by each distance category. Snowshoe event starts at 10:30. Fat bikes will begin at 11:00am.

### Loppet: Classic/Skate Distances (10:00am Start)

- 1.0km
- 2.0km
- 5.0km
- 10km
- 20km
- 30km

### Loppet: Snowshoe Distances (10:30am Start)

- 2km
- 4km

### Loppet: Fat Bike Distances (11:00am Start)

- 10km
- 20km



REGISTRATION AND ENTRY FEES

Registration is online and will close on Friday January 27 at 6:00pm. Use the following link to the Zone 4 registration page online: <https://zone4.ca/register.asp?id=14604> . Registration on the day of the event will include **an additional \$5 fee per event**. All registration fees include a day pass to the trails at Hiawatha for the day of the event registered. All participants are required to sign a waiver as part of the online registration process. Fat bike participants, will be required to sign a fat bike waiver at bib pick up.

All same day registration and bib pick up will be in the SFNSC Blue clubhouse except youth registered in Soo Finnish programs for Interval Start Ski Races. Coaches will distribute these bibs during class start at 10:00am.

<b>Interval Start Ski Races</b>	<i>Free for youth registered in Soo Finnish programs (Bunnyrabbits, Jackrabbits, Racing Rabbits, Track Attack, Race Team, Para Nordic, Special Olympics) \$5 for all other participants</i>
<b>Orienteering Event</b>	<i>Free (Teams of 1-4 people)</i>
<b>Snowshoeing Event</b>	<i>\$15 - 19yrs and over (includes sausage and beer) \$10 - 18yrs and under (includes sausage) \$5 - 18yrs and under in SFN program (no sausage)</i>
<b>Fat Bike Event</b>	<i>\$15 - 19 and over (includes sausage and beer) \$10 - 18 and under (includes sausage) \$5 - 18 and under in SFN program (no sausage)</i>
<b>Duathlon (any 2 of ski/snowshoe/bike)</b>	<i>\$20 - 19 and over (includes sausage &amp; beer) \$15 - 18 and under (includes sausage) \$5 - 18 and under in SFN program (no sausage)</i>
<b>Triathlon (all 3 events - ski/snowshoe/bike)</b>	<i>\$20 - 19 and over (includes sausage &amp; beer) \$15 - 18 and under (includes sausage) \$5 - 18 and under in SFN program (no sausage)</i>
<b>Loppet (includes cookie stops &amp; Café Natüra brunch)</b>	<i>\$17 - 11 years and older \$12 - 10 years and under Child 3 years and under FREE</i>



## **FACILITIES**

Hiawatha Highlands in the Kinsmen centre will be open all weekend for warmth and washrooms. Portapotties will be on site at the SFNSC Blue clubhouse on Saturday.

Waxing facilities are available onsite in the SFNSC Blue clubhouse - 767 Landslide Rd.

**Free parking** is available on site all weekend.

## **FAT BIKE RENTALS AND/OR DEMOS**

### ***Algoma Bicycle Company***

360 Queen St., East  
Sault Ste. Marie, Ontario  
P6A 1Z1  
Phone: (705)759-3443  
[Email](#)

### ***Vélorution***

162 Old Garden River Road  
Sault Ste. Marie, Ontario  
P6B 5A6  
Phone: (705) 253-9388  
[Email](#)

## **ACCOMMODATIONS**

Ten rooms have been set aside at a local hotel under the event "**Snowfest**" with special event rates. It is recommended to reserve accommodations as soon as possible.

### **Microtel Inn & Suites by Wyndham** (approx. 7km from Hiawatha Highlands)

724 Great Northern Road \$95/night

Each room has two queen beds, microwave, flat screen TV, Fridge, each room has 26 outlets & docking station. Four of the rooms are accessible rooms with a roll-in shower. Hotel has small pool, gym, coin laundry, complimentary breakfast.

They have an indoor secure room for ski equipment.

Contact: Sarah Jane Grant, Guest Service Manager Phone: (705) 450-2423  
saultmicrotelfrontdesk@hotmail.com