

**Soo Finnish Nordic Ski Club
Trail Trot – 19/09/2009
Hiawatha Highlands
10km Age Group Results**

20-29 Results - Women

- 1 Entwistle, Jennifer 42:47.00
- 2 Sweezey, Jenn 56:15.00
- 3 Maier, Whitney 59:39.00

30-39 Results - Women

- 1 Haner, Stacy 50:49.00
- 2 Mudge, Theresa 52:56.00

40-49 Results - Women

- 1 De groot, Wendy 53:28.00

50-59 Results - Women

- 1 MacKay, Janice 47:08.00
- 2 Meincke, Marg 58:36.00

15-19 Results - Men

- 1 Heimonen, Nathan 45:07.00

20-29 Results - Men

- 1 Wilson, Cameron 39:52.00
- 2 Figures, Matt 40:05.00
- 3 Magill, Kevin 48:27.00
- 4 Cain, Matt 48:27.00

30-39 Results - Men

- 1 Demidovich, Steve 42:13.00
- 2 Beharriell, Greg 42:55.00
- 3 Adams, Jim 52:45.00

40-49 Results - Men

- 1 Puddister, Dan 43:37.00
- 2 Filipowicz, Bob 1:00:33.00

50-59 Results - Men

- 1 Mears, Robert 51:27.00
- 2 De groot, Bill 53:29.00
- 3 Barbeau, Paul 56:25.00