

**18th Annual Trail Trot**  
**Kinsmen Park (Hiawatha Highlands)**  
**Sault Ste Marie, Ontario**  
**Saturday, Oct 11, 2003**

**5K Age Group Results**

<b>Women</b>	<b>Top Finisher</b>	<b>City, Prov</b>	<b>TIME</b>	<b>PACE</b>	<b>AGE</b>	<b>O'ALL</b>
1	Britta Allen	Sault Ste Marie, On	0:24:41.5	7:57.9	14	11
<b>Men</b>	<b>Top Finisher</b>	<b>City, Prov</b>	<b>TIME</b>	<b>PACE</b>	<b>AGE</b>	<b>O'ALL</b>
1	Johnny Harvey	Sault Ste. Marie, On	0:19:24.7	6:15.7	14	1
<b>Women</b>	<b>Ages 0 to 10</b>	<b>City, Prov</b>	<b>TIME</b>	<b>PACE</b>	<b>AGE</b>	<b>O'ALL</b>
1	Lynnea Lobert	Sault Ste. Marie, On	0:25:33.0	8:14.5	10	12
<b>Women</b>	<b>Ages 11 to 14</b>	<b>City, Prov</b>	<b>TIME</b>	<b>PACE</b>	<b>AGE</b>	<b>O'ALL</b>
1	Heather Gordon	Sault Ste. Marie, On	0:26:04.6	8:24.7	14	14
2	Sarah Fortais	Sault Ste. Marie, On	0:26:39.2	8:35.9	14	15
3	Kaitlin Morin	Sault Ste. Marie, On	0:29:31.3	9:31.4	12	18
4	Meaghan Smith	Sault Ste. Marie, On	0:32:55.5	10:37.3	14	26
<b>Women</b>	<b>Ages 15 to 19</b>	<b>City, Prov</b>	<b>TIME</b>	<b>PACE</b>	<b>AGE</b>	<b>O'ALL</b>
1	Rita Murphy	Sault Ste. Marie, On	0:27:36.1	8:54.2	15	16
2	Kasia Kolo	Ottawa, On	0:35:20.5	11:24.1	19	27
<b>Women</b>	<b>Ages 20 to 29</b>	<b>City, Prov</b>	<b>TIME</b>	<b>PACE</b>	<b>AGE</b>	<b>O'ALL</b>
1	Ngaire Eskelin	Sault Ste. Marie, On	0:29:53.5	9:38.5	23	20
<b>Women</b>	<b>Ages 30 to 39</b>	<b>City, Prov</b>	<b>TIME</b>	<b>PACE</b>	<b>AGE</b>	<b>O'ALL</b>
1	Sandra Dustin	Coldwater, On	0:32:20.0	10:25.8	39	23
2	Cheryl Vanderheyden	Echo Bay, On	0:32:51.8	10:36.1	31	24
3	Christine Dias	Sault Ste Marie, On	0:42:22.9	13:40.3	34	33
<b>Women</b>	<b>Ages 40 to 49</b>	<b>City, Prov</b>	<b>TIME</b>	<b>PACE</b>	<b>AGE</b>	<b>O'ALL</b>
1	Ann Dias	Sault Ste Marie, On	0:42:22.6	13:40.2	41	32
<b>Women</b>	<b>Ages 50 to 59</b>	<b>City, Prov</b>	<b>TIME</b>	<b>PACE</b>	<b>AGE</b>	<b>O'ALL</b>
1	Rose Boucher	Sault Ste. Marie, On	0:30:32.8	9:51.2	59	21
2	Bonnie Yurich	Sault Ste. Marie, On	0:31:58.4	10:18.8	54	22
3	Annette Benson	Saginaw,, Mi	0:40:39.1	13:06.8	55	30
<b>Men</b>	<b>Ages 11 to 14</b>	<b>City, Prov</b>	<b>TIME</b>	<b>PACE</b>	<b>AGE</b>	<b>O'ALL</b>
1	Aaron Mormile	Sault Ste Marie, On	0:20:20.3	6:33.7	14	2
2	Alexander Steele	Sault Ste. Marie, On	0:20:48.4	6:42.7	14	4
3	Kasey Van Scoy	Sault Ste. Marie, On	0:21:25.3	6:54.6	14	5
4	Patrick Chisholm	Sault Ste Marie, On	0:23:32.5	7:35.6	14	6
<b>Men</b>	<b>Ages 50 to 59</b>	<b>City, Prov</b>	<b>TIME</b>	<b>PACE</b>	<b>AGE</b>	<b>O'ALL</b>
1	Terry Lemieux	Sault Ste. Marie, On	0:23:52.6	7:42.1	56	7
2	Rick Yurich	Sault Ste. Marie, On	0:24:07.3	7:46.9	55	9
3	Greg Simpson	Sault Ste Marie, On	0:27:55.5	9:00.5	52	17
<b>Men</b>	<b>Ages 60 to 90</b>	<b>City, Prov</b>	<b>TIME</b>	<b>PACE</b>	<b>AGE</b>	<b>O'ALL</b>
1	Ed Lange	Sault Sainte Marie, Mi	0:29:36.8	9:33.2	60	19
2	Jim Elzinga	Conway, Mi	0:40:44.0	13:08.4	67	31
5	Allister Smith	Sault Ste Marie, On	0:23:55.0	7:42.9	12	8

6	Ian Senecal	Sault Ste. Marie, On	0:32:55.2	10:37.1	14	25
7	Andrew Barbeau	Sault Ste Marie, On	0:36:23.3	11:44.3	11	28

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<b>Men</b>	<b>Ages 15 to 19</b>	<b>City, Prov</b>	<b>TIME</b>	<b>PACE</b>	<b>AGE</b>	<b>O'ALL</b>
1	Aaron Elliott	Sault Ste Marie, On	0:24:32.8	7:55.1	19	10

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<b>Men</b>	<b>Ages 20 to 29</b>	<b>City, Prov</b>	<b>TIME</b>	<b>PACE</b>	<b>AGE</b>	<b>O'ALL</b>
1	Chad Yurich	Sault Ste. Marie, On	0:20:36.4	6:38.8	27	3

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<b>Men</b>	<b>Ages 40 to 49</b>	<b>City, Prov</b>	<b>TIME</b>	<b>PACE</b>	<b>AGE</b>	<b>O'ALL</b>
1	Peter Lobert	Sault Ste. Marie, On	0:25:34.5	8:15.0	42	13
2	Michael Trumble	Sault Ste. Marie, On	0:37:02.4	11:56.9	43	29