

Trail Trot - 26/09/2010

Hiawatha Highlands
Sault Ste. Marie

5k Age Group

Name	Age Team	Avg Mile	Time
14 & Under Results - Women			
1 #547 Buckner, Krista	W14 Korah C&Vs Girls	7:23.8	22:58.64
2 #555 Meligrana, Emily	W14 Korah C&Vs Girls	7:51.1	24:23.46
3 #529 Pulente, Serena	W11	8:32.0	26:30.62
4 #549 Marsh, Sabrina	W14 Korah C&Vs Girls	8:34.6	26:38.72
5 #546 Eddy, Sarah	W14 Korah C&Vs Girls	8:39.4	26:53.54
6 #526 Pulente, Julia	W13	8:47.6	27:18.98
7 #553 Hopfgartner, Emily	W13 Korah C&Vs Girls	9:10.5	28:30.31
8 #486 Desjardins, Dominiq	W14	10:14.5	31:49.07
9 #587 Reich, Anna	W14	10:14.6	31:49.30
15-19 Results - Women			
1 #583 Flynn, Jullien	W17	6:13.6	19:20.71
2 #564 Lobert, Lynnea	W17 Superior Heights	6:37.1	20:33.74
3 #565 Dick, Rachel	W17 Superior Heights	7:19.1	22:44.20
4 #548 Kinach, Lesia	W17 Korah C&Vs Girls	7:31.6	23:22.82
5 #551 Carter, Jamie	W16 Korah C&Vs Girls	7:47.3	24:11.59
6 #567 Denardo, Kylie	W16 Superior Heights	8:05.1	25:07.16
7 #568 Mallinger, Frances	W16 Superior Heights	8:05.3	25:07.66
8 #550 Patry, Kassandra	W16 Korah C&Vs Girls	8:10.7	25:24.34
9 #569 Mallinger, Catherin	W17 Superior Heights	8:20.9	25:56.16
10 #554 Tomie, Erin	W15 Korah C&Vs Girls	8:41.1	26:58.98
20-29 Results - Women			
1 #483 Smith, Marnie	W24	7:11.6	22:20.80
2 #535 MacKay, Liz	W25	9:11.1	28:31.97
3 #496 Eisler, Carrie	W27	9:50.1	30:33.12
30-39 Results - Women			
1 #491 Rinalai, Natasha	W33	8:28.1	26:18.57
2 #592 Eskelin, Ngaire	W30	8:32.6	26:32.43
3 #498 Kirkham, Katie	W35	9:00.7	27:59.86
4 #591 Woods, Jennifer	W37	9:24.1	29:12.42
5 #487 Bailey, JoAnn	W37	9:40.2	30:02.33
6 #499 Grawbarger, Sharon	W38	9:55.7	30:50.61
40-49 Results - Women			
1 #489 Lobert, Grace	W42	8:00.4	24:52.56
2 #577 Jenson, Pauline	W47	8:40.8	26:57.81
3 #533 Barrett, Jackie	W40	8:41.6	27:00.40
4 #584 Flynn, Laura	W45	9:12.0	28:34.75
5 #494 Carlyle, Laurie	W49	9:46.8	30:22.92
6 #595 Freestone, Julie	W47	9:50.2	30:33.59
7 #585 Givens, Leanne	W42	9:55.6	30:50.22
8 #597 McGuire, Kathleen	W42	9:55.8	30:50.96
9 #527 Pulente, Lidia	W42	10:20.5	32:07.72
10 #599 Robinson, Carolle	W47	11:06.0	34:29.04
50-59 Results - Women			
1 #484 Slater-Possamai, Sa	W52	8:13.1	25:31.90
2 #557 Piscopo, Ann	W50	8:29.6	26:23.04

3	#490 Rooney, Maryanne	W51		8:44.1	27:08.03
4	#531 Galinis, Ruth	W58		9:28.8	29:27.11
60+ Results - Women					
1	#420 Rooney, Pat	W61		10:26.8	32:27.23
2	#532 Punch, Michele	W60		10:39.9	33:08.00
14 & Under Results - Men					
1	#497 Heimonen, Kye	M14		6:30.9	20:14.36
2	#543 Kroll, Skylar	M14	Korah C&Vs Boys	7:08.1	22:09.83
3	#596 Hertz., Dalton	M13		8:25.7	26:11.02
4	#581 Kirkwood, Austin	M13	Korah C&Vs Boys	8:37.0	26:46.26
15-19 Results - Men					
1	#541 Carlyle, Jack	M17	Korah C&Vs Boys	5:26.6	16:54.44
2	#558 Taylor, Sam	M16	White Pines C&Vs	5:28.7	17:01.13
3	#539 Penno, Kyle	M17	Korah C&Vs Boys	5:30.9	17:07.82
4	#572 Davies, Tyler	M17	Superior Heights	5:42.5	17:43.90
5	#537 Edwards, Mackie	M17	Korah C&Vs Boys	5:43.0	17:45.48
6	#571 Davies, Brett	M16	Superior Heights	5:43.7	17:47.70
7	#544 Burns, Nick	M15	Korah C&Vs Boys	5:46.4	17:55.94
8	#538 Henson, Devyn	M17	Korah C&Vs Boys	5:58.2	18:32.86
9	#542 Erikson, Stephen	M17	Korah C&Vs Boys	5:59.9	18:38.01
10	#574 Walsh, Brad	M17	Superior Heights	6:12.0	19:15.62
11	#575 Ortiz, Liam	M15	Superior Heights	6:32.6	20:19.65
12	#536 King, Colton	M19		6:32.7	20:19.90
13	#492 Heimonen, Nathan	M17		6:36.1	20:30.50
14	#559 Isaacs, James	M17	White Pines C&Vs	6:43.7	20:54.02
15	#552 Hopfgartner, Adam	M16	Korah C&Vs Boys	6:52.2	21:20.58
16	#576 Walsh, Ryan	M17	Superior Heights	7:05.8	22:02.84
17	#593 Leishman, Tim	M17		7:38.4	23:43.99
18	#594 Sawyer, Timo	M16		7:41.7	23:54.35
19	#586 Desrosiers, Brandon	M15		7:42.5	23:56.81
20	#578 Jenson, Robert	M15		8:13.2	25:32.25
21	#561 Vilaca, Aaron	M16	White Pines C&Vs	8:46.4	27:15.28
22	#560 Tappenden, Dan	M16	White Pines C&Vs	8:46.5	27:15.62
20-29 Results - Men					
1	#493 Cuddy, Matt	M21		5:57.2	18:29.56
2	#482 Smith, Stephen	M26		6:29.7	20:10.59
3	#534 Romani, Matt	M26		7:18.7	22:42.75
4	#495 Roubal, Jan	M29		7:27.1	23:08.83
5	#580 Boychuk, Mike	M20		7:43.4	23:59.45
30-39 Results - Men					
1	#488 Vecchio, Leo	M36		9:16.8	28:49.78
40-49 Results - Men					
1	#525 Pulente, John	M46		7:14.9	22:31.09
2	#528 Mole, Stewart	M43		7:42.0	23:55.30
50-59 Results - Men					
1	#530 Pink, Erni	M53		7:05.0	22:00.33
2	#523 Read, Brian	M58		7:46.5	24:09.33
3	#590 Tomie, Larry	M53		7:51.9	24:26.13
4	#485 de Groot, Bill	M51		8:05.5	25:08.33
5	#524 Boychuk, Den	M53		8:40.5	26:56.91
60+ Results - Men					
1	#522 Rankin, Larry	M62		8:33.4	26:34.89
2	#521 Rice, Mick	M61		13:41.6	42:32.52