

How to sign up for CCC's Introduction to Community Coaching e-learning module

Step 1 : Create a Locker account

- 1- Go to this website : <https://thelocker.coach.ca>
- 2- If you already have a Locker account, log in by entering your NCCP (National Coaching Certification Program) number and your password (go to step 2 below).
- 3- If you don't have a NCCP number and Locker account yet, create one from the link provided on the login page: "Don't have an NCCP#? Create one now!". **Note that if you have already done any type of NCCP training in the past (multisport or sport specific), you DO have a NCCP number. Please use the same one.**
- 4- Then follow the registration process, step by step.

The screenshot shows the login page of thelocker.coach.ca. At the top, there is a navigation bar with links: Partner Resources, Subscribe to CAC eNews, Contact Us, Public Transcript, and social media icons for YouTube, Twitter, and Facebook. A search bar and language options (EN | FR) are also present. Below the navigation bar is a menu with links: Be A Coach, What is the NCCP?, Coach Training, Coach Resources, Programs, About CAC, and The Locker. The main content area is titled "LOGIN" and contains two input fields: "NCCP# or Email" and "Password". To the right of these fields are links: "lookup my NCCP#" and "Forgot password?". Below the password field is a "Remember Me" checkbox. A red arrow points to a link below the login form that says "Don't have an NCCP#? Create one now!". At the bottom of the login section is a "LOGIN" button.

- 5- Make sure that you check the box « I want to create a Locker account... for coaching events, and more! »

The screenshot shows the registration page of thelocker.coach.ca. At the top, there is a navigation bar with links: Partner Resources, Subscribe to CAC eNews, Contact Us, Public Transcript, and social media icons for YouTube, Twitter, and Facebook. A search bar and language options (EN | FR) are also present. Below the navigation bar is a menu with links: Be A Coach, What is the NCCP?, Coach Training, Coach Resources, Programs, About CAC, and The Locker. The main content area is titled "Welcome!" and contains a paragraph about The Locker. Below this paragraph is a section titled "REGISTRATION" with two checkboxes. The first checkbox is checked and has a red arrow pointing to it; it says "I want to create a Locker account for access to my transcript, eLearning opportunities, to sign up for coaching events, and more!". The second checkbox is unchecked and says "Yes! I want to subscribe and receive the latest coaching news, including #CoachToolKit tips, Inside Coaching, and Coaches Plan." Below the registration section is a section titled "PROFILE" with several input fields: "Email", "First name", "Last name", "Gender" (a dropdown menu), and "Birthday" (a date picker). Below the profile section is a section titled "ACCESS" with two paragraphs. Below the access section is a section titled "QUESTIONS" with a paragraph.

- 6- Once you have completed your registration, you will receive an e-mail notification to validate your e-mail address and asking you to create a password.

Step 2 : Access all e-learning training opportunities in the Locker

- 1- Once you have completed your Locker registration process, go back to the Locker login page and enter your NCCP number and password to access your account.

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Be A Coach What is the NCCP? Coach Training Coach Resources Programs About CAC **The Locker**

LOGIN

NCCP# or Email [lookup my NCCP#](#)

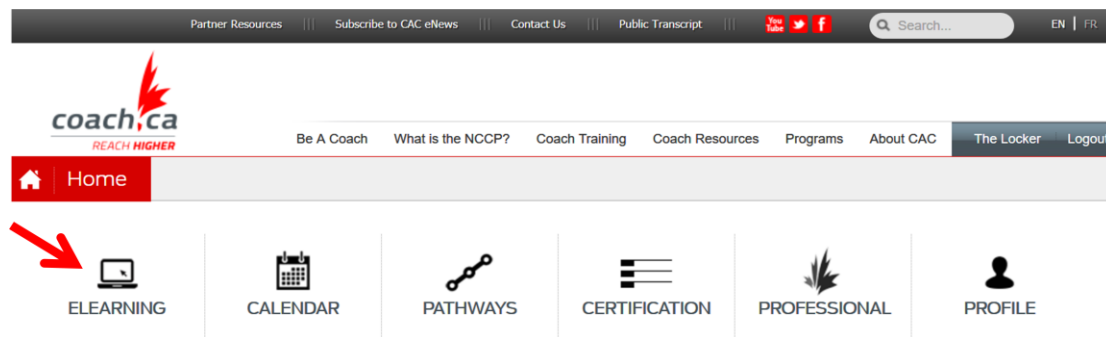
Password [Forgot password?](#)

Remember Me ☐

[Don't have an NCCP#? Create one now!](#)

LOGIN

- 2- On the home page of your account (first page to show when you log in), click on “elearning”.



- 3- Once on the elearning homepage, the multi-sport menu should appear by default. Be patient as it may take several seconds to load. Click on « Coach Initiation in Sport » in the menu on the left. This is the very first multi-sport training opportunity (non-specific to xc skiing) and is a pre-requisite before you can do Cross Country Canada’s “Introduction to Community Coaching” elearning module.

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eLearning

Multi-Sport

AVAILABLE

- Coach Initiation in Sport
- Coaching Athletes with a Disability
- Developing Athletic Abilities pre-workshop session
- Leading Drug-Free Sport Online Evaluation
- Managing Conflict Online Evaluation
- Make Ethical Decisions (MED) Online Evaluation
- Making Head Way

COMPLETED

welcome to eLearning | Multi-Sport

- 1 Choose a sport from the drop-down list
- 2 Select an eLearning course from the left menu
- 3 Read the instructions and begin!

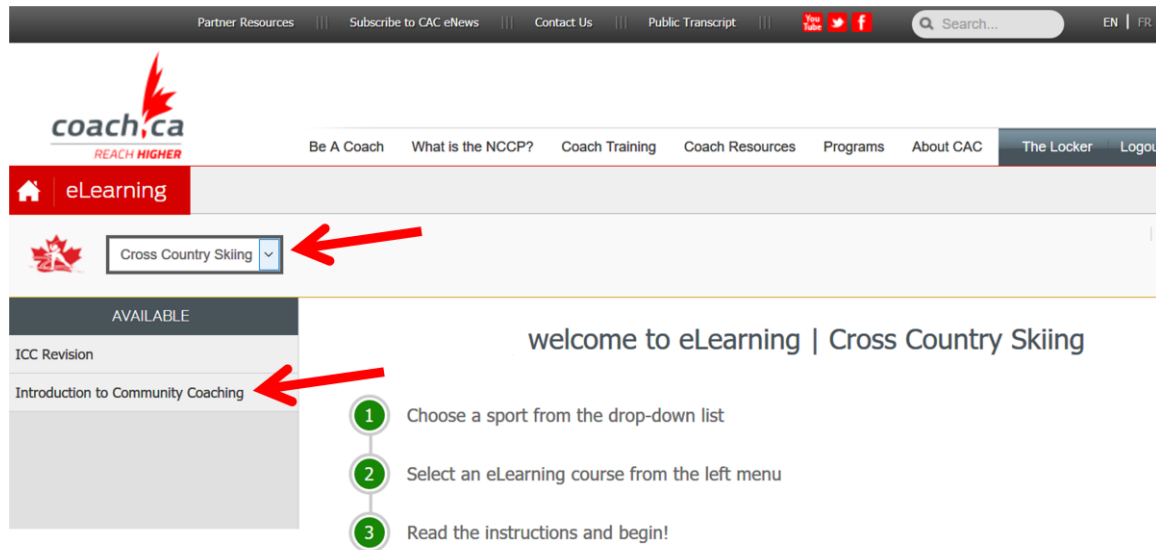
NOTE

- Internet Explorer 11 is currently not supported

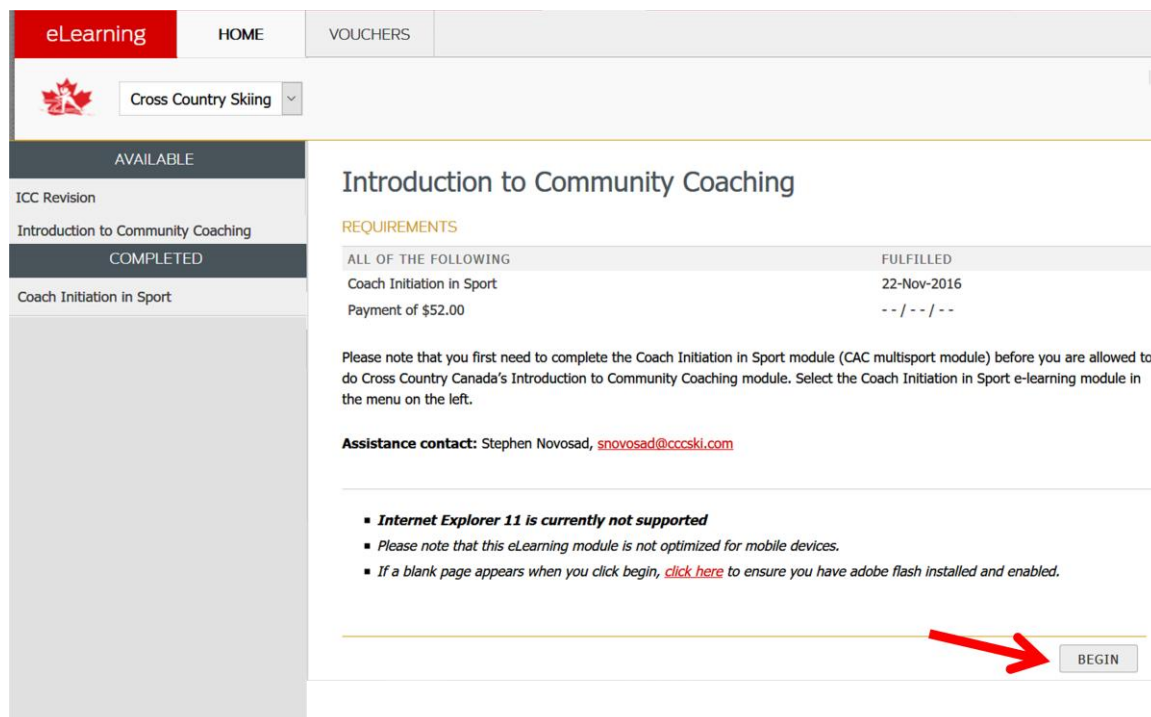
- 4- Follow the instructions to sign up for the « Coach Initiation in Sport » module and then complete it!

Step 3 : Sign up and complete CCC's “Introduction to Community Coaching” elearning module.

- 1- Once you have completed the « Coach Initiation in Sport » module, log in your account and go to the elearning homepage again. This time click on « Cross Country Skiing » in the roll down menu and then on “Introduction to Community Coaching” in the menu on the left.



- 2- Then click on “Pay now” at the bottom of the page. You will be asked to proceed with the payment of the registration fees using a credit card. Once your payment is confirmed, make sure you scroll down to the bottom of the page and click on “Begin”.



- 3- You can now complete your Introduction to Community Coaching training! Once you have started the module, you can quit at any time and continue later on from where you last left the module.

The screenshot shows a web-based training module interface. On the left is a 'Menu' sidebar with a tree structure. The main content area has a header 'ICC Online Module - 2018 08 17 (restricted menu) - final' and links for 'Resources' and 'Notes'. The main heading is 'Welcome to Cross Country Canada's Introduction to Community Coaching'. Below this is a large red maple leaf logo with a skier, labeled 'CROSS COUNTRY SKI DE FOND'. To the right of the logo is a grid of 12 small photos showing various cross-country skiing activities. A blue button labeled 'Let's get started' is positioned below the photo grid. At the bottom left of the main area is the 'National Coaching Certification Program' logo. At the bottom right is the 'coach.ca' logo with the tagline 'REACH HIGHER'. A video player control bar is visible at the very bottom of the interface.

Menu

- Setting Context
 - Welcome to Cross Country
 - Canada's Introduction to Community Coaching
- Navigation
 - NCCP Context
 - Course Steps
- Step 1: Introduction to Cross Country Canada and Coaching
- Step 2
- Step 3
- Step 4
- Step 5
 - Step 5: Equipment and Clothes
 - Topics in Part 5
 - Clothes for Skiing
 - Layering
 - Clothing for Cross-Country Skiing
 - Head, Hands and Feet!
- Make a Lesson Plan!
 - Learn More - Tips for Keeping Warm
 - Ski Equipment
 - Ski Equipment
 - Suggestions for Coaches: Equipment
 - Ski Glossary
 - Know the terms
 - Ski Glossary Part 1

ICC Online Module - 2018 08 17 (restricted menu) - final

Resources | Notes

Welcome to Cross Country Canada's Introduction to Community Coaching

CROSS COUNTRY SKI DE FOND

Let's get started

National Coaching Certification Program

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- 4- When you have completed the module, it will automatically get credited to your account and you will earn the status of Community Coach *In Training*. You will then have the option of continuing your Community Coach training or proceed directly to the Comp-Intro. Coach training. For more information on the next available coaching pathways, check [CCC website](#).