

2022 Ontario Youth Championships

hosted by

Soo Finnish Nordic Ski club

at Hiawatha Highlands

March 11 to 13, 2022

Team Captain's Meeting #1
Monday, March 7
7 pm



Team Captain's Meeting #1

- * Welcome
- * Introduce Organizing Committee
- * Roll call
- * What to expect when you arrive
- * COVID considerations
- * Communications
- * Trail conditions and weather outlook

Organizing Committee

Event Chair

Chief of Competition

Race Secretary

Technical Delegate

Apprentice TD

Don Nixon

Amy Wheeler Reich

Cassandra Nielsen

Mary Waddell

Katja Mathys

Roll Call

- * Arrowhead Nordic
- * Big Thunder Nordic
- * Georgian Bay Nordic
- * Georgian Nordic
- * Highlands Trailblazers
- * Kanata Nordic
- * Lappe Nordic
- * Laurentian Nordic
- * Mono Nordic
- * Porcupine Ski Runners
- * Soo Finnish
- * Team Hardwood
- * Walden Cross Country
- * Waterloo Region

Ontario Youth Championships Hiawatha Highlands/Soo Finnish Nordic Site Map



Mass Start
Stadium

1 – Hiawatha Highlands Day Lodge – Trail passes, hot drinks, hot meals, snacks for purchase

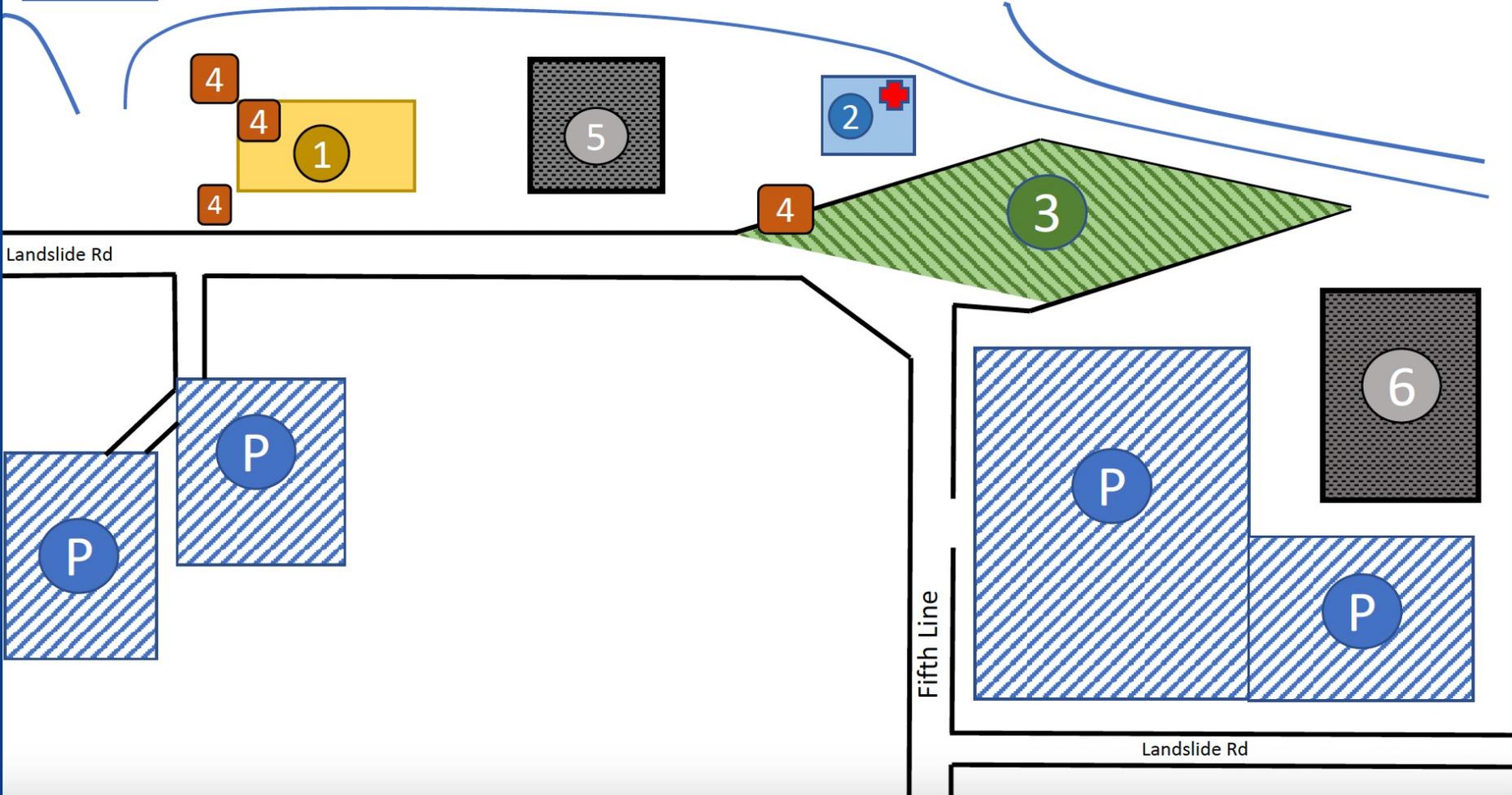
2 – Soo Finnish Nordic Clubhouse - Race Office, Medical, Officials, Timing, Athlete food pick up

3 – Team trailers, tents, waxing areas – NO PARKING

4 – Toilets

5 – Fenced compound – OFF LIMITS – Groomers only

6 – Bible Fellowship – OFF LIMITS – Private property



Friday March 11

Training/arrival:

- * Race Office opens at noon
- * Team captain/coach designate checks in at Race office
- * Team assigned area in our Tent City
- * Set up your home base, waxing if needed
- * Courses marked for pre-skiing from 12-5pm
- * Team captain/coach designate picks up swag bag and any pre-ordered t-shirts/toques at Race Office
- * Parking guard on site until 8pm, security company overnight
- * Friday night TCM #2 at 6pm on Zoom

COVID in Algoma District

- * COVID-19 remains a challenge for Sault Area Hospital and is still prevalent in our community
- * Northern Ontario more active cases, Algoma leads the North in active cases
- * Failure to comply with safety measures after a warning may result in disciplinary actions to an athlete or club/team as decided by the Race Jury.

Daily Screening

Everyone must self-screen prior to arriving on site each day.

<https://covid-19.ontario.ca/self-assessment/>

Do not come to the event site:

- * if you have any symptoms or feel unwell.
- * if anyone in your household is isolating due to COVID-19 symptoms or testing positive for COVID-19

(unless you have tested positive on a rapid antigen test or PCR test in the previous 90 days and have completed your isolation period).

ALGOMA PUBLIC HEALTH GUIDANCE

Anyone involved in sports or physical activity within a community setting who has completed their 5-day isolation period or is self-monitoring as a close contact, **MUST NOT** return to practice or play for an additional 5 days from the end of their isolation period or self-monitoring period if they are not able to maintain masking and physical distancing requirements (10 days from symptom onset or from the date of your test, whichever came first, or 10 days from the close contact exposure). If they are able to maintain masking and physical distancing requirements, the individual can participate. This is because an infected person may be contagious up to 10 days after symptom onset/date of test.

Masks

- * Indoors: at all times
- * Outdoors: at all times unless actively skiing or consistently maintaining a distance of greater than 2 m from others
- * Bring your own masks to wear + back-up for your team
- * Buff/neck gator is not sufficient
- * Medical mask recommended

Proof of Vaccination

- Step 1: Choose 2 people to complete the attestation form (coach designate, team captain, Club executive, official)
- Step 2: Review names listed under your Club on the [Confirmation list](#)
- Step 3: Verify all registered club/team members AND support staff AND coach designates/team captains aged 12 years and older are fully vaccinated
- Step 4: Complete the [POV Attestation](#) on Zone4 by Tuesday, March 8, 2022 11:59PM
- Step 5: Remind all registered members to bring POV on event site each day
Disqualification from event if unable to provide POV; 4 hours to produce POV to the Race Office.

COVID-19 Considerations

- * Be prepared to be outdoors - No indoor access to heated space
- * Only Team Captain/Coach Designate allowed to enter Race Office
 - * Friday: Set up instructions, swag bags + ordered shirts/toques
 - * Saturday: bib pick up
 - * Sunday: bib pick up
 - * No athletes or non-registered personnel unless accessing medical services

COVID-19 Considerations continued

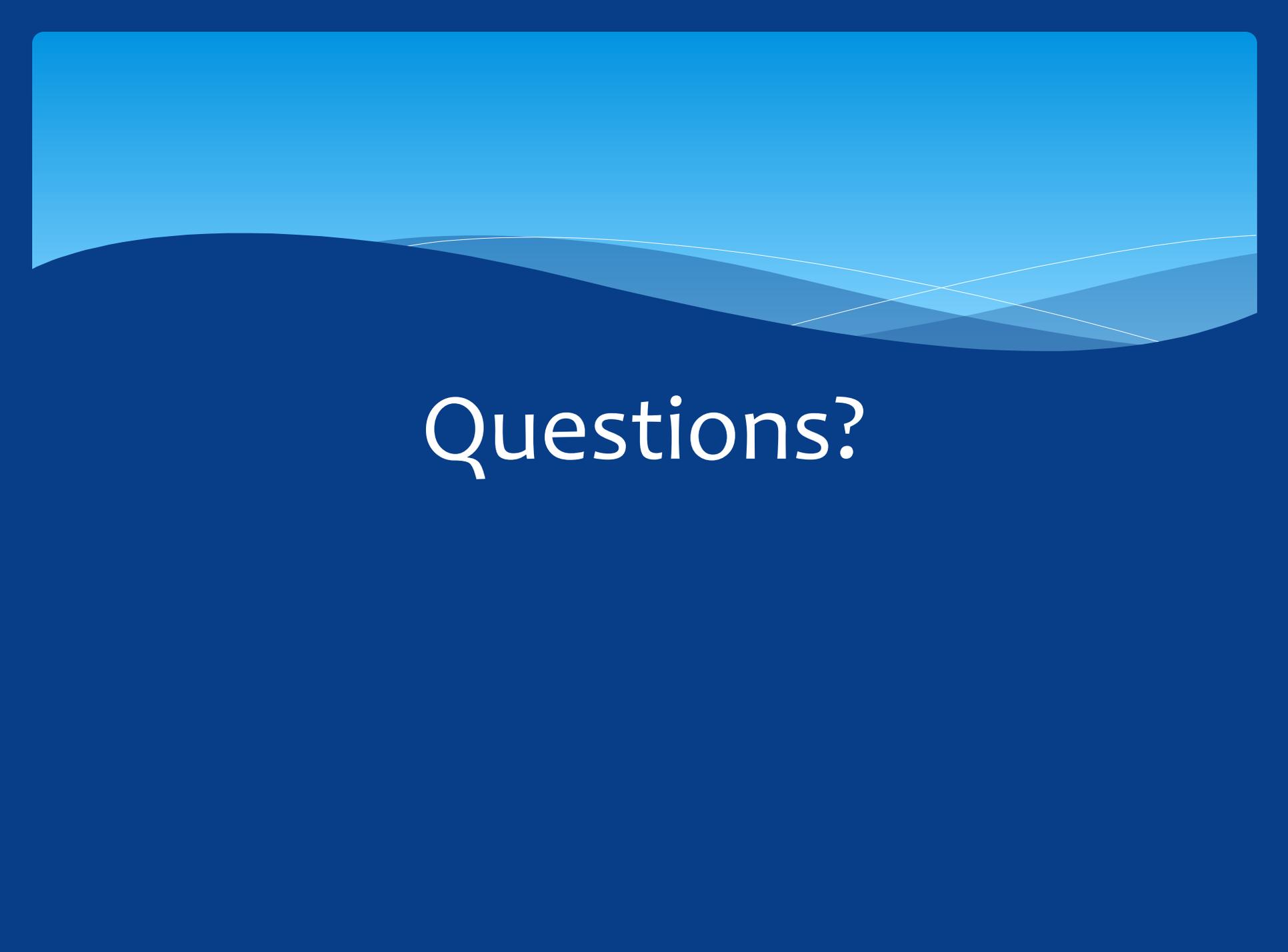
- * Hiawatha Highlands Day Lodge – 12 people maximum
- * Volunteer/Athlete Tent by Blue Clubhouse distributing athlete lunch starting at 11AM on race days
- * Post-race refreshment at Finish Line
 - * SFN's hot grape drink or water

Communication

- * Coach Designates/Team captains will be notified of any changes or updates via Email and website
- * Posted on Official Notice Board outside of Clubhouse

Weather Outlook

| Fri 11 Mar | Sat 12 Mar | Sun 13 Mar |
|---|--|--|
|  -5°C Sunny |  -6°C A mix of sun and cloud |  -4°C Cloudy |

The background is a solid blue gradient. A white, wavy line graphic starts from the left side, dips down, then rises and dips again towards the right, creating a sense of movement or a horizon line. The word "Questions?" is centered in the lower half of the image.

Questions?